


# CHSLD VIGI MONT-ROYAL



## ANIMATION-LEISURE

## CREATIVE ARTS THERAPIES

<p><b>MONDAY</b> April 22nd 2024</p>	<p>10:45 <b>Soft exercises with Tasnim</b>  Sunshine Room</p> <p>2:00 <b>Cooking club with the high school students</b>  Sunshine Room</p>	<p>3:30 <b>Art Therapy group</b> with Marie-Ève Workshop 2<sup>nd</sup></p>
<p><b>TUESDAY</b> April 23rd 2024</p>	<p>8:00 <b>Special Breakfast</b>  (By invitation) Sunshine Room</p> <p>9:30 <b>Zoo therapy with Marie and Dexter</b>  In-room 3 West &amp; 3 East</p> <p>1:30 <b>Friendly Visits with Alina and Tasnim</b> In room 2<sup>nd</sup></p>	<p>1:30 <b>Art Therapeutic Support</b> PU 3 West</p> <p>3:30 <b>Art Therapy group</b> with Marie-Ève Workshop 2<sup>nd</sup></p>
<p><b>WEDNESDAY</b> April 24th 2024</p>	<p>2:00 <b>Birthdays of the Month Concert with Serge Bedrossian</b>  Sunshine Room</p> <p>5:30 <b>Quiz On Countries</b> In-rooms (Tasnim)</p>	<p>10:00 <b>Outing to the Fine Arts Museum</b> By invitation only</p> <p>2:00 <b>Creative Arts Therapies Exploration</b> Sectors Living Rooms</p>
<p><b>THURSDAY</b> April 25th 2024</p>	<p>11:00 <b>Sensory Cart</b> PU 3 West (Tasnim)</p> <p>2:00 <b>Bingo</b> with the leisure team and volunteers Sunshine Room</p>	
<p><b>FRIDAY</b> April 26th 2024</p>	<p>9:30 <b>Spiritual Visits with Père Aimé</b> in-rooms</p> <p>10:45 <b>Mass</b> Sunshine Room</p> <p>2:00 <b>Word search and mandalas</b> Dining Room 2<sup>nd</sup></p>	<p>3:30 <b>Art Therapy group</b> with Catherine Workshop 2<sup>nd</sup></p>
<p><b>SATURDAY</b> April 27th 2024</p>	<p>11:00 <b>Let's Play Musical Instruments</b> PU 3 West</p> <p>1:30 <b>Movie on big screen: "Crazy stupid love "</b> with Alkis Sunshine Room</p>	
<p><b>SUNDAY</b> April 28th 2024</p>	<p>10:30 <b>Friendly Visits</b> In-Room (Tasnim)</p> <p>2:00 <b>Coffee Social with your neighbors and a special snack</b> Bird Room (Tasnim)</p>	

- Please take note that not all individual visits are written on the weekly leisure activities calendar.
- This activities calendar is made possible with the collaboration of the Volunteer Association of CHSLD Mont-Royal 
- This activities calendar is available at the CHSLD and at the [www.vigisante.com](http://www.vigisante.com) (parutions, information locale).

**For Information :** Dominica ☎ (514) 739-5593 ext. 307 and Tasnim ☎ ext. 327 Art Therapy : Catherine Gilbert ☎ ext. 329